How To Teach A Baby Sign Language:

The Ultimate Guide

Teaching your baby or toddler sign language can be a rewarding venture. Your child learns to communicate quite early on, and learning baby sign language soon can help reduce frustration and build your relationship.

2 Recognize Their Attempts To Mimic The Signs

Once you see them trying to mimic your movement, encourage them to continue doing what they are doing. Your baby or toddler will eventually realize that they may need to change up the position of their hands, and if not, you can help them better their sign language.

4 Use Hand Over Hand Technique

Give them a little assistance to form their hands and fingers into the sign. Make sure to let them try themselves a few times before doing it yourself.

6 Do Not Use Signs Similar To Each Other

Using signs similar to each other can cause some confusion for your baby and make it more difficult for them to communicate with you. Miscommunication could also lead to more frustration and less motivation to learn.



1 Expose Them To Sign Language

Sign language is like any other language that you may not know. When you are constantly exposed to it, you start to pick up some of the signs or understand that the motions with the hands are a word or phrase you are trying to communicate.

3 Introduce One Or Two Signs At A Time

When introducing sign language, you will want only to teach one or two signs that you want your child to learn or mimic. You do not want to overwhelm your baby with too much information.

5 Say The Word With The Sign

You must always try to say the word with the sign. Doing this action will not only help children understand that this sign means a specific word, but it will also reiterate the word if they haven't learned it yet.

7 Give Them Praise

Giving them praise will provide them with perseverance. Your toddler or baby will not only be engaged more, but they will want to be engaged more with your pushing them as much.

Baby sign language will only make you and your life easier. You will find that both of you will understand each other, and you won't have to guess what your baby wants.